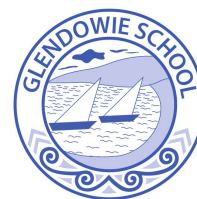


# Glendowie School Procedure

## SUNSENSE



### RATIONALE

- To increase student and community awareness of melanoma and practical means of protection.
- To develop strategies which encourage responsible decision making about skin protection.
- To ensure shade areas are provided for all students and staff.

### GUIDELINES

- Shade areas will consist of man-made shade cloth constructions and tree areas.
- During Term 1 and 4 in the summer months, a school hat will be a compulsory part of the school uniform. A hat with a 6cm brim will be made available as part of the school uniform.
- To provide and encourage the use of shade areas for students observing sports activities. Encourage staff to wear protective clothing and hats and thereby set a good example for students.
- Encourage the wearing of sun safe swimming attire as recommended by the Cancer Society.
- To actively encourage student and community awareness of the dangers of melanoma through newsletters, policy and classroom programmes.
- BOT will provide an ongoing grounds assessment to determine areas requiring shade i.e. planting trees or alternative and making provision for shade in areas under development in the school grounds. Inclusion in playgrounds.
- Parents will be advised of our Sun Sense Procedure relating to sunblock for trips, sports occasions and the wearing of the school sunhat in Terms 1 and 4.
- Teachers will provide sunblock (in first aid bags) for all school outings for use in cases where re-application may be needed
- Teachers will reinforce reapplication of sunscreen if required. Trip notices will remind children to bring or apply sunscreen when applicable (eg camp, Term 1&4 trips, trips that require being outside for extended period of time).

### Classroom Programmes

- To ensure resources are available in order for teachers to teach the Sunsense Procedure
- To utilise resource personnel if applicable and when available e.g. Cancer Society, as resource people to assist classroom teachers with programme delivery.
- Sports periods in summer will be encouraged during times when the burn factor is less eg before morning interval.
- The role of the school is to encourage students to take responsibility for their own sun protection.

### Hats

#### Teachers will:

- Provide bucket hats for children to borrow for Term 1&4 PE lessons.

### Sunscreen

#### Teachers of Year 0-3 will:

- Distribute sunscreen from a class pump at 12:25 during Term 1&4. (Students with

allergies can bring their own named tube, if required).

**Teachers of Y4-8 will:**

- Direct their students to apply sunscreen at 12:25 during Term 1&4.

**The school will:**

- Provide Y0-3 classrooms with sunscreen pump for teachers to distribute
- Provide Y3&4, Y5&6 and Y7&8 common rooms with a common-room pump (for those students who do not have their own tube).
- Request Year 4-8 parents to purchase a broad spectrum / 30+ sunscreen via the stationery list at the beginning of the year. A further notice in Term 4 will be sent home, requesting extra tubes as required.
- Encourage parents to put on a first coat of sunscreen in the morning - via newsletter or school app.

## Swimming

**Intermediate Teachers will:**

- Remind Y7&8 students to apply sunscreen before walking up to Sacred Heart College (during eating time prior to leaving).

**The school will:**

- Encourage parents to provide rash shirts for Y1-6 swimming eg through the newsletter

**Teachers will:**

- Direct students who are not swimming during swimming periods, to sit in shaded areas.
- Encourage students to wear rash shirts if they have one

## Class lessons and being aware

**Teachers will:**

- Teach sunsense at beginning of the year.

**DP will:**

- Ensure on Term 1 & 4 Mufti notice: a reminder to bring a hat and wear sunsense protection clothing eg sleeves

**Principal will:**

- remind students on the last assembly to be safe in the sun over the holiday.

## Sports & Duty:

**Teachers will:**

- Wear a hat to model the correct behaviour during T1 & T4
- Ensure shade is utilised whenever possible eg sit under trees, use gazebo.
- Remind students to apply sunscreen if going out to sport/PE after lunch or all day.
- Give students a spare hat if required, for sport during class time eg from sports shed
- Direct students who do not have a hat at morning tea & lunch intervals, to play in the designated shade area.

**Sport teachers will:**

- Provide spare hats for sport days and tournaments (eg light blue hats so they can be easily identified and returned).

## Reviewed 2018